

DIPS [\$1]

Ranch // Blue Cheese // Chili Mayo // BBQ
Honey Mustard // Mayo // Mint Yogurt

WF = Wheat Free

LF = Lactose Free

 = hot/spicy!


- PARMESAN FRIES** WF / VEGETARIAN \$6
house cut fries w/ rosemary and parmesan
- PROSPECTOR FRIES** VEGETARIAN \$12
home cut fries, cheddar cheese, grilled onions, secret sauce, deep fried wontons, house made salsa
- DEEP FRIED BRIE** VEGETARIAN \$8
served on crostini w/ pickled apple and red onion chutney
- GRILLED CHEESE W/ FRENCH ONION DIP** VEGGIE \$10
cheddar, parmesan, gruyere cheeses on schiacciata bread with grilled tomato and a baked parmesan crisp
- MUSTARD MARINATED OLIVES** WF, LF, VEGGIE  \$10
assorted olives, dates, and sweet pepper drops in a mustard marinade with a side of toasted schiacciata bread
- SLOW BRAISED PORK BELLY** WF/LF \$12
apple slaw, sweet soy vinegar dressing with tahoon crust
- ZUCCHINI SPAGHETTI** WF/LF/VEGAN \$14
roasted garlic zucchini spaghetti & wild mushrooms with roasted cherry tomatoes, roasted butternut squash & arugala
- HARVESTER SALAD**  WF/VEGAN \$13
mix greens, cherry tomatoes, blue berries, carrots, roasted butternut squash, zucchini, homemade salsa, almonds, feta with a blueberry vinaigrette dressing
- BUTTERNUT SQUASH PUTTANESCA** LF/VEGAN \$14
homemade herb tomato sauce, roasted butternut squash, capers, olives, cherry tomatoes, sweet pepper drops, carrots with garlic schiacciata bread
- CHIMICHURRI BEEF SKEWERS** LF \$18
beef tenderloin, red onion, red peppers, cremini mushrooms, cherry tomatoes, homemade chimichurri sauce with a garlic schiacciata bread
- CAULIFLOWER "WINGS"** WF / LF / VEGAN \$14
cola ginger, honey mustard, bbq, salt & pepper, chinese five spice lemon pepper wet or dry, coconut lime, hot pepper 
- CHICKEN WINGS** WF / LF \$15
cola ginger, honey mustard, bbq, salt & pepper, chinese five spice lemon pepper wet or dry, coconut lime, hot pepper 

ADD ONS [\$2] Bacon // Cheese Cheddar, Brie, Gruyere or Feta
SIDES [\$4] British Curry // Gravy **[\$5]** Fries // Salad

gluten free buns available

- CRUSHABLE BURGER** LF \$8
3 oz house made beef patty, shredded lettuce, sweet pickles, mayo - he's just a lil' guy.
- THE BURGER** LF \$14
5 oz house made beef patty, red onion chutney, pickled apple, mixed greens, topped with rosemary and thyme aioli
- MAPLE CHICKEN BURGER** LF **Waffle Bun! +\$4** \$14
crispy organic chicken breast, maple glaze, apple slaw, mixed greens, roasted red pepper, and tomato jam
- BLACK BEAN & SWEET POTATO BURGER** LF/VEGAN \$13
roasted sweet potato, black bean and quinoa patty, rosemary aioli, mixed greens, tomato, and roasted red pepper
- THE BIG BIRD BURGER** LF  **Waffle Bun! +\$4** \$14
nashville style spicy fried chicken with lettuce, mayo and pickles
- VEGAN NASHVILLE BURGER** LF  **Waffle Bun! +\$4** \$14
nashville style spicy seitan patty with lettuce, mayo and pickles
- ROYALLY FRIED CHICKEN** WF / LF
*served with fries, a side of apple slaw, and assorted dipping sauces your choice of **ORIGINAL** or **SPICY NASHVILLE** ADD BRITISH CURRY [\$2]*
2 PIECE \$14 // 3 PIECE \$20 // 5 PIECE \$30 // 10 PIECE \$50
- CHICKEN & WAFFLES** \$18
two pieces of nashville or original fried chicken on a waffle with maple syrup and berry coulis
- VEGGIE SEITAN & WAFFLES** \$16
spicy nashville style or original seitan on a waffle with maple syrup and berry coulis

DESSERTS BY CAKE BETTY

- CAKE SLICE** choice of raspberry lemon, chocolate salted caramel, or a rotating seasonal option \$8
- THE CAKE FLIGHT** can't choose just one slice? get 'em all \$20
- THE CHOCOLATE PLATE** (9 pcs.) truffle, fudge,  \$16
brownies, nanaimo bar, macaron, toffees